

THE SPIRIT OF SPECIAL OLYMPICS

SKILL

JOY

COURAGE

SHARING

HOW CAN I REGISTER?

If you are an athlete, you must complete two forms. All training and activities are free.

- ✓ Official Special Olympics Release Form, authorizes emergency medical treatment, gives permission for Special Olympics to use the athlete's likeness, name, voice, or words for media, promotional and fundraising purposes.
- ✓ Application For Participation In Special Olympics, asks for emergency contact and insurance information as well as a health history. A physician must sign the form.

If you are a volunteer, you must complete the appropriate Volunteer Registration Form.

All forms can be obtained from Area 3 contacts or downloaded off the internet at: <http://www.area3specialolympicsva.org>.



Special Olympics
Virginia
Area 3

AREA 3 ALL-STARS PROGRAMS AND ACTIVITIES

SERVING
CHARLOTTESVILLE AND
THE COUNTIES OF
ALBEMARLE, GREENE,
LOUISA, AND FLUVANNA

www.area3specialolympicsva.org
434-973-3185

WHAT IS SPECIAL OLYMPICS?

Special Olympics is an international organization dedicated to empowering individuals with an intellectual disability, a cognitive delay, or a closely related developmental disability to become physically fit, productive, and respected members of society through year round sports training and competition in a variety of Olympic-type sports. Special Olympics Virginia (SOVA), which is headquartered in Richmond, is divided into eight Regional Offices. Regional offices are further subdivided into areas, with each of the 28 areas being staffed by volunteers. Area 3 serves Charlottesville and the counties of Albemarle, Greene, Louisa, and Fluvanna and comes under the Shenandoah Region located in Harrisonburg. Area 3 is governed by an Area 3 Council, which includes a Chairperson, Treasurer, and Secretary, as well as committees involved with public relations and promotion; athlete and volunteer recruitment; family involvement and outreach; fund raising; medical; and sports training.



WHAT SPORTS DO WE OFFER?

Area 3 offers training in 10 different sports throughout the year. Athletes and volunteers should contact Area 3 for the current schedule.

Basketball	January - March
Swimming	March - May
Track/Field	April - May
Tennis	April - May
Golf	August - October
Volleyball	August - October
Soccer	August - October
Gymnastics	September - December
Bowling	November - February
Skiing	December - February

AM I ELIGIBLE TO PARTICIPATE?

Special Olympics training and competition is open to every person with intellectual disabilities who is at least eight years of age and who registers to participate in Special Olympics.

- ✓ A person is considered to have intellectual disabilities for purposes of determining his or her eligibility to participate in Special Olympics if that person satisfies one of the following requirements:
- ✓ The person has been identified by an agency or professional as having intellectual disabilities as determined by their localities; or
- ✓ The person has a cognitive delay as determined by standardized measures such as intelligence quotient or "IQ" testing or other measures which are generally accepted within the professional community in Virginia as being a reliable measure of the existence of a cognitive delay; or
- ✓ The person has a closely related developmental disability, which means having functional limitations in both general learning (such as IQ) and in adaptive care (such as recreation, work, independent living, self-direction, or self-care).



THE SPECIAL OLYMPICS OATH

Let me win. But if I cannot win, let me be brave in the attempt.

